



# HARITI PUBLIC SCHOOL

Affiliated to C.B.S.E. New Delhi, Affiliation No. 2132182

Date: 23/05/2025

## Circular

### **Subject- Implementation of Healthy Eating Initiative – Closure of School Canteen**

*"Healthy food is nature's love, a gift of wellness from above. Fresh and bright, it fuels the soul, making everybody whole. Vibrant greens and colours bold, turn each meal to pure gold. Fruits so sweet and grains so wise, nourish hearts and light the eyes. Spices dance, flavours sing, health blooms in everything. A Mindful bite, a joyful chew, brings energy strong and true. For every seed and leaf we eat, makes life's journey rich and sweet. So choose with care, eat with delight—health shines when your plate is bright!"*

Dear Parents,

As part of our continuous commitment to fostering a healthier lifestyle among our students, we are pleased to inform you of a new initiative being implemented from July onwards. In support of this goal, the school canteen will remain closed, thereby encouraging the consumption of nutritious, home-prepared meals.

We kindly request you to ensure that your child brings a healthy lunch each day, comprising fresh fruits, green vegetables, and wholesome, nourishing food that supports their physical and cognitive development. We also urge you to refrain from including fast food or unhealthy snacks in their lunchboxes.

We appreciate your cooperation in promoting a healthier and more balanced diet for our students.

**Principal**

Hariti Public School